

## **JANUARY**

31 World Leprosy Day

## **FEBRUARY**

**Healthy Lifestyle Awareness Month**

**Reproductive Health Month**

4 World Cancer Day

7-14 STI / Condom Week

7-14 Pregnancy Awareness Week

19 Healthy Lifestyles Awareness Day

## **MARCH**

**TB Awareness Month**

8 International Women's Day

11 World Kidney Day

20 World Head Injury Awareness Day

21 Human Rights Day

21 World Down Syndrome Day

24 World TB Day

## **APRIL**

**Health Awareness Month**

2 World Autism Awareness Day

5-11 National Polio Eradication Awareness Week

7 World Health Day

17 World Haemophilia Day

25 Africa Malaria Day

## **MAY**

**Anti-Tobacco Campaign Day**

**International Multiple Sclerosis Month**

8 World Red Cross Day

10 World Move for Health Day

12 World Chronic Fatigue and Immune Dysfunction Syndrome

12 International Nurses Day

16 Candlelight Memorial Day

24-30 Child Protection Week

28 International Day of Action for Women's Health

31 World No Tobacco Day

## **JUNE**

**National Youth Month**

**Men's Health Month**

**National Blood Donor Month**

1 International Children's Day

4 International Day of Innocent Children – Victims of Aggression

5 World Environment Day

14 World Blood Donor Day

15 World Elder Abuse Awareness Day

16 Youth Day

21-27 National Epilepsy Week

21 National Epilepsy Day

21-27 National Youth Health Indaba

21-27 SANCA Drug Awareness Week

26 International Day against Drug Abuse and Illicit Drug Trafficking

## **JULY**

### **Mental Illness Awareness Month**

11 World Population Day

## **AUGUST**

### **National Women's Month**

#### **Organ Donor Month**

1-7 World Breastfeeding Week

2-8 National Immunisation Awareness Week

2-6 Rheumatic Fever Week

9 National Women's Day

12 International Youth Day

24-31 African Traditional Medicine Week

31 African Traditional Medicine Day

## **SEPTEMBER**

### **National Heart Awareness Month**

### **National Oral Health Month**

### **Albinism Awareness Month**

### **Muscular Dystrophy Awareness Month**

### **Eye Care Awareness (spans September and October)**

30 August – 4 September Deaf Awareness Week

6-12 Pharmacy Week

6-12 Back Week

6-11 Kidney Awareness Week

8 World Rabies Day

9 International Foetal Alcohol Syndrome Day

12 World Oral Health Day

14 National Attention Deficit Hyperactivity Disorder Day (ADHD)

14-17 Stroke Week

21 World Alzheimer's Day

20-26 World Retina Week

20 September – 17 October Commencement of Eye Care Awareness Month

26 World Retina Day

26 World Heart Day

## **OCTOBER**

### **Mental Health Awareness Month**

### **Breast Cancer Awareness Month**

1 International Day for Older Persons

1 National Inherited Disorders Day

9 Partnership against AIDS Anniversary

9-13 National Nutrition Week

10 World Mental Health Day

12 World Arthritis Day

12 National Bandana Day

12-20 World Bone and Joint Week

13 International Day for Natural Disaster Reduction

14 World Sight Day

15 National Foetal Alcohol Syndrome Day

15-19 National Obesity Week

16 World Food Day

17 World Spine Day

17 World Trauma Day

17 International Day for the Eradication of Poverty

20 National Down Syndrome Day

20 World Osteoporosis Day

23 National Iodine Deficiency Disorder Day  
24 World Polio Day

## **NOVEMBER**

### **Red Ribbon Month**

#### **Quality Day**

6 National Children's Day  
8-12 SADC Malaria Week  
9 World Quality Day  
12 SADC Malaria Day  
14 World Diabetes Day  
25 International Day for the Elimination of Violence against Women  
25 November – 10 December 16 Days of Activism on No Violence Against Women and Children

## **DECEMBER**

### **Prevention of Injuries Month**

1 World AIDS Day  
3 International Day of Disabled Persons  
5 International Volunteers Day  
9 World Patient Safety Day  
10 International Human Rights Day