

CPD Workshop/Course Descriptors: 2011

<i>CPD Workshop/Course Title</i>	<i>CPD points</i>	<i>Audience</i>	<i>Pre-requisites</i>
<p>Managing Dysphagia (Basic/Refresher) Module 1: Valid Clinical Dysphagia Evaluation Module 2: Effective Dysphagia Management: Tools & Techniques <i>[Duration: 2 days] Single day registrations are possible</i> <i>East London: 25-26 May 2011</i></p>	<p>16 CEUs for both days <i>(including 2 CEUs for ethics)</i> 8 CEUs per day <i>(pending HPCSA approval)</i></p>	<p><i>Main: Speech Therapists</i> <i>Secondary:</i> <i>Occupational Therapists,</i> <i>Physiotherapists, Nurses,</i> <i>Doctors, Dietitians, Dentists</i></p>	<p>None</p>
<p><i>Can you effectively assess a patient without instrumental assessments like videofluoroscopy or endoscopy? Would you be comfortable with only doing a clinical/bedside evaluation? How valid are observational dysphagia assessment techniques?</i> The focus of this workshop is to improve clinical – or bedside – evaluation of young children and adults with dysphagia. It does not cover the assessment of neonates or infants and is suitable for practitioners located in a school, hospital, clinic or private practice. In addressing the realities that face many practitioners (lack of technological resources, instruments such as endoscopies or x-ray swallow studies); the main aim of this course is to help practitioners develop strong skills and to have “faith” in non-instrumental assessment techniques with valid outcomes of especially clinical observation assessment of dysphagia. Newly qualified therapists or established therapists who would like to learn new clinical ‘tricks’ will find this course to be an excellent refresher and clinically very useful in their every day practice. Essentially, managing dysphagia is not just about getting the basics right, but about doing it well!</p>			
<p>Managing Dysphagia (Advanced) Module 1: An Integrated Dysphagia Rehabilitation Approach; Module 2: Manual Therapy and Exercise-Based Dysphagia Rehabilitation: Design & Practice <i>[Duration: 2 days] Single day registrations are possible</i> <i>Jhb: 11-12 April 2011</i></p>	<p>16 CEUs for both days <i>(including 2 CEUs for ethics)</i> 8 CEUs per day <i>(pending HPCSA approval)</i></p>	<p><i>Speech Therapists</i></p>	<p><i>Basic training and experience in managing dysphagia</i></p>
<p>This advanced level workshop is intended to further improve therapists’ skills in developing, delivering and evaluating therapy for the older child and adult with dysphagia. Module one allows for the Speech Therapist to grapple with notions of dysphagia therapy itself: Concepts such as strength training and range of motion are clarified specifically in relation to oral-pharyngeal dysphagia. Module two focuses on exercise and muscle physiology. A critical review of current practices (such as manual therapy and myofascial release, various sensory and electrical stimulation methods) and trends will be highlighted. Practically, speech therapists will learn how to set goals and dysphagia care plans (relative to evidence based intervention. Various therapy techniques will be demonstrated for oral prep and oral phase disorders, pharyngeal phase and oesophageal motility disorders. Furthermore, the following topics will be highlighted: gastro-oesophageal reflux disorders, tracheostomy and/or ventilator dependant patients, and strategies on how to work with several clinical conundrums: including: management of the disoriented patient; working with dietitians and use of thickeners; safe feeding techniques for nursing staff; oral medication; treating bite reflexes. The measurement of therapy efficacy (outcome measures) completes the second module of this workshop. Delegates will engage with focused case studies and practical sessions. As with the basic/refresher workshop, this workshop offers speech therapists an opportunity to learn from an experienced dysphagia practitioner.</p>			
<p>Tracheostomy & Ventilator Dependant Populations: Managing Communication & Swallowing <i>[Duration: 2 days]</i> <i>Dbn: 9-10 April 2011</i></p>	<p>Approved for 16 CEUs (Level 1: 14, Ethics: 2)</p>	<p><i>Main: Speech Therapists</i> <i>Secondary: Occupational Therapists,</i> <i>Physiotherapists, Nurses,</i> <i>Doctors</i></p>	<p><i>A solid knowledge base and sufficient experience in managing dysphagia.</i></p>
<p>This introductory workshop (for intermediate level practice) is focused on the management of adults and children who are tracheostomy users (with and without mechanical ventilation). Speech therapists currently working in acute, sub-acute and/or long term chronic care will find this workshop very useful. School- and home-based practitioners will find most content applicable to their practice with long-term tracheostomy users. Physiotherapists, occupational therapists and other health care personnel (nurses, ENTs, medical practitioners) will increase their skills as members of a multidisciplinary tracheostomy care team.</p>			

CPD Workshop/Course Descriptors 2011 (continued)

<p>Cervical Auscultation: A Practical Course <i>[Duration: 1 day]</i> <i>Cape Town: 5 Nov.; East London: 7 Nov.; Bloem.: 9 Nov.; Dbn: 11 Nov.</i></p>	<p><i>Approved for 8 CEUs (Level 1: 7; Ethics: 1)</i></p>	<p><i>Main: Speech Therapists Secondary: Occupational Therapists, Physiotherapists, Nurses, Doctors</i></p>	<p><i>Basic to intermediate training/experience in managing dysphagia</i></p>
<p>As a practical course, therapists are introduced to the use of cervical auscultation. What cervical auscultation means in terms of its clinical principles and techniques are clearly presented to therapists. A balanced review of the advantages and disadvantages (including validity and efficacy issues) of cervical auscultation is presented. An experienced instructor will facilitate delegates' learning and provide hands-on training for therapists based in schools, clinics, hospitals and in community/home care. Cervical auscultation is a highly portable and very low-cost clinical method. It provides health professionals with another method to add to their store of clinical tools used to clinically evaluate and treat dysphagia in adults and children.</p>			
<p>Fibre-Optic Endoscopic Evaluation of Swallowing [FEES] <i>[Duration: 2 days]</i> <i>Dbn: 4-5 August 2011; Jhb: 1-2 September 2011</i></p>	<p><i>16 CEUs for both days (including 2 CEUs for ethics) 8 CEUs per day (pending HPCSA approval)</i></p>	<p><i>Main: Speech Therapists Secondary: Doctors, Dentists</i></p>	<p><i>Basic to intermediate training/experience in managing dysphagia</i></p>
<p>The course instructor, Dr. Mershen Pillay, who has been trained by the inventor of FEES (Prof. Susan Langmore), will share his extensive knowledge/experience of using this viable alternative and oftentimes complimentary method to modified barium swallow studies. During this two-day hands-on FEES workshop, delegates will acquire the essential skills on how to perform FEES, learn how to interpret FEES, and make appropriate clinical decisions for when to recommend FEES and for designing and developing dysphagia rehabilitation programmes. Importantly, delegates will also learn how to start a FEES service from "scratch". As this is a practical workshop, each delegate will be closely supervised in techniques to pass an endoscope. NOTE: DUE TO THE NATURE OF THIS COURSE, PARTICIPANT NUMBERS WILL BE LIMITED AND DEPENDANT ON AVAILABLE ENDOSCOPES.</p>			
<p>Managing Paediatric Feeding Disorders <i>[Duration: 2 days]</i> <i>Jhb: 30-31 July 2011;</i></p>	<p><i>16 CEUs for both days (including 2 CEUs for ethics) 8 CEUs per day (pending HPCSA approval)</i></p>	<p><i>Main: Speech Therapists Secondary: Occupational & Physiotherapists, Nurses, Doctors</i></p>	<p><i>Basic to intermediate training/experience in managing dysphagia</i></p>
<p>This two-day workshop is intended to enhance therapists' skills in working with eating/drinking disorders especially with the preschool and school aged population (excluding neonates/infants). Speech Therapists, Physiotherapists, Occupational Therapists and other professionals working with eating and drinking disorders will find this workshop highly beneficial. The core focus is on children who are mainly physically challenged to manage mealtimes both safely and appropriately, e.g. children with cerebral palsy. Minimal reference is made to children with difficulties in feeding due to behavioural problems, autistic spectrum disorders and/or emotional-behavioural issues. Therapists will develop greater understanding of the normal development of eating, drinking and associated skills. Clinical skills development will focus on screening and assessment of dysphagia with a focus on aspiration management. Therapists will leave with knowledge/skills as per their disciplinary scope of practice in either schools, homes, outpatient clinics or hospitals. In addition to Dr Pillay's speech pathology input, this workshop has been developed and taught by Meqdad Mahmoud who is a specialist paediatric Occupational Therapist who is also a neurodevelopmental therapist.</p>			
<p>Cross-Linguistic Practice: Trustworthy, Qualitative Frames & Tools <i>[Duration: 1 day]</i> <i>Dbn: 6 Nov., Cape Town: 10 Nov. 2011</i></p>	<p><i>8 CEUs (Level 1: 7; Ethics: 1) (pending HPCSA approval)</i></p>	<p><i>Speech Therapists</i></p>	<p><i>None</i></p>
<p>Working across languages as a speech and language therapist is a challenging task. Even when professional training courses make reference to "culture" and "diversity"; practitioners find it difficult to translate knowledge into practical skills when, for example, there are no linguistically matched translators or data such as norms to refer to. This one day workshop is intended to focus on how speech and language therapists make clinical decisions when assessing/treating clients across languages such as an English-speaking SLT working with a Zulu client. A viable assessment framework, based on a model of research, is presented. Improving the "trustworthiness" of the speech/language assessment is explained in relation to several core qualitative methods to establish validity and reliability. Practically, speech therapists will refine their listening skills using a method devised by the course facilitator, drawing from his experience of working in the United Arab Emirates, England and South Africa with over 25 different African, Asian and European languages. Using examples of clinical cases, Mershen will teach therapists to engage cross-linguistic practice when they analyse clients' speech and language and diagnose communication pathologies. He will also provide a review of how to develop <i>effective</i> speech and language therapy/management programmes for adult and paediatric populations.</p>			