

CPD Event: Descriptors: 2012

CPD Workshop/Course Title	CPD points	Audience	Pre-requisites
Fibre-Optic Endoscopic Evaluation of Swallowing [FEES] [Duration: 2 days] Cape Town: 21 st -22 nd May 2012; PENDING: Jhb: 4 TH -5 TH October 2012	Approved for 16 CEUs (including 2 CEUs for ethics) 8 CEUs per day	Main: Speech Therapists Secondary: Doctors, Dentists	Basic to intermediate training/experience in managing dysphagia
The course instructor, Dr. Mershen Pillay, who has been trained by the inventor of FEES (Prof. Susan Langmore), will share his extensive knowledge/experience of using this viable alternative and oftentimes complimentary method to modified barium swallow studies. During this two-day hands-on FEES workshop, delegates will acquire the essential skills on how to perform FEES, learn how to interpret FEES, and make appropriate clinical decisions for when to recommend FEES and for designing and developing dysphagia rehabilitation programmes. Importantly, delegates will also learn how to start a FEES service from "scratch". As this is a practical workshop, each delegate will be closely supervised in techniques to pass an endoscope. NOTE: DUE TO THE NATURE OF THIS COURSE, PARTICIPANT NUMBERS WILL BE LIMITED AND DEPENDANT ON AVAILABLE ENDOSCOPES.			
Exercise & Manual Therapy for Swallowing Disorders [Duration: 2 days] Durban: 23 rd -24 th May 2012	16 CEUs for both days (including 2 CEUs for ethics) 8 CEUs per day (pending HPCSA approval)	Speech Therapists	Basic training and experience in managing dysphagia
This advanced level workshop is intended to improve therapists' skills in exercise and manual therapy for the older child and adult with swallowing disorders. During day one delegates will learn the theoretical bases of exercise and manual therapy. Concepts such as strength training, range of motion and muscle physiology are clarified in relation to oral-pharyngeal dysphagia. Practically, speech therapists will learn how use manual therapy, myofascial release and related exercise therapy techniques for oral preparatory and oral phase disorders, pharyngeal phase and oesophageal motility disorders. Delegates will engage with focused case studies and practical sessions. This workshop offers speech therapists an opportunity to learn from an experienced dysphagia practitioner. Note: This course is an updated version of "Managing dysphagia – Advanced"			
Tracheostomy & Ventilator Dependant Populations: Managing Communication & Swallowing [Duration: 2 days] PENDING: Dbn: 28 TH -29 TH July 2012	Approved for 16 CEUs (Level 1: 14, Ethics: 2)	Main: Speech Therapists Secondary: Occupational Therapists, Physiotherapists, Nurses, Doctors	Basic to intermediate training/experience in managing dysphagia
This introductory workshop (for intermediate level practice) is focused on the management of adults and children who are tracheostomy users (with and without mechanical ventilation). Speech therapists currently working in acute, sub-acute and/or long term chronic care will find this workshop very useful. School- and home-based practitioners will find most content applicable to their practice with long-term tracheostomy users. Physiotherapists, occupational therapists and other health care personnel (nurses, ENTs, medical practitioners) will increase their skills as members of a multidisciplinary tracheostomy care team.			
Cervical Auscultation: A Practical Course [Duration: 1 day] East London: 04 th August 2012	Approved for 8 CEUs (Level 1: 7; Ethics: 1)	Main: Speech Therapists Secondary: Occupational Therapists, Physiotherapists, Nurses, Doctors	Basic to intermediate training/experience in managing dysphagia
As a practical course, therapists are introduced to the use of cervical auscultation. What cervical auscultation means in terms of its clinical principles and techniques are clearly presented to therapists. A balanced review of the advantages and disadvantages (including validity and efficacy issues) of cervical auscultation is presented. An experienced instructor will facilitate delegates' learning and provide hands-on training for therapists based in schools, clinics, hospitals and in community/home care. Cervical auscultation is a highly portable and very low-cost clinical method. It provides health professionals with another method to add to their store of clinical tools used to clinically evaluate and treat dysphagia in adults and children.			

CPD Event: Descriptors: 2012 (continued)

Managing Paediatric Feeding Disorders <i>[Duration: 2 days]</i> <p style="text-align: center;">Cape Town: 24th-25th August 2012</p>	Approved for 16 CEUs <i>(including 2 CEUs for ethics)</i> 8 CEUs per day	Main: Speech Therapists Secondary: Occupational & Physiotherapists, Nurses, Doctors	Basic to intermediate training/experience in managing dysphagia
<p>This two-day workshop is intended to enhance therapists' skills in working with eating/drinking disorders especially with the preschool and school aged population (excluding neonates/infants). Speech Therapists, Physiotherapists, Occupational Therapists and other professionals working with eating and drinking disorders will find this workshop highly beneficial. The core focus is on children who are mainly physically challenged to manage mealtimes both safely and appropriately, e.g. children with cerebral palsy. Minimal reference is made to children with difficulties in feeding due to behavioural problems, autistic spectrum disorders and/or emotional-behavioural issues. Therapists will develop greater understanding of the normal development of eating, drinking and associated skills. Clinical skills development will focus on screening and assessment of dysphagia with a focus on aspiration management. Therapists will leave with knowledge/skills as per their disciplinary scope of practice in either schools, homes, outpatient clinics or hospitals. This workshop has been developed and taught by Meqdad Mahmoud, a specialist paediatric Occupational Therapist (who is also a neurodevelopmental therapist) and a Speech Pathologist.</p>			
Electrical Stimulation for the Treatment of Dysphagia <i>[Duration: 2 days]</i> <p style="text-align: center;">Durban: 28th-29th November 2012</p>	16 CEUs for both days <i>(including 2 CEUs for ethics)</i> 8 CEUs per day <i>(pending HPCSA approval)</i>	Main: Speech Therapists Secondary: Occupational Therapists, Physiotherapists	Basic to intermediate training/experience in managing dysphagia
<p>This workshop focuses on the management of dysphagia using electrical stimulation. Topics include: surface neuromuscular electrical stimulation (NMES), patient candidacy, swallowing anatomy and physiology, dysphagia pathophysiology, electrical stimulation and muscle tissue, impairment-based treatment protocols and NMES-functional treatment strategies. An experienced Speech Therapist will provide hands-on training where delegates will learn how to use NMES devices, place electrodes and design dysphagia treatment programmes. Speech Therapists will learn how to augment dysphagia management with a very useful tool that they may add to their clinical repertoire. Physiotherapists and Occupational Therapists will learn how to apply NMES, within their scopes of practice, and as part of the dysphagia team. Unique to this workshop is the inclusion of a section on intramuscular stimulation. Importantly, this workshop focuses on patient candidacy for intra-muscle stimulation versus NMES and provides a critical review of the effects of electrical stimulation on the hyolaryngeal complex. A critical review of the evidence for NMES practice is also provided. NOTE: 1. Delegates must pass a pre-test that assesses your knowledge of dysphagia, diagnostic and broader therapeutic skills. This pre-test should be completed up to one-week prior to the workshop 2. You will only be certified to practice NMES with dysphagic patients only after a practical evaluation of electrode placement protocols, a test written at the end of day two and in accordance with national rules and regulations relevant to your profession.</p>			
Dysphagia Diet: A PaP (Principles and Practices) Workshop <i>[Duration: 1 day]</i> <p style="text-align: center;">Cape Town: 20th October 2012</p>	8 CEUs (1: ethics) <i>((pending HPCSA approval)</i>	Main: Speech Therapists Secondary: OT, Occupational Therapists, Dietitians	Basic to intermediate training/experience in managing dysphagia
<p>The most successful compensatory strategy to minimize aspiration in a dysphagic is the use of modified diets. However, the notion of diet modifications is not universally understood. National dysphagia diets are contested and poorly understood within professionals such as speech therapists and with their peers such as dietitians. Commercially available food thickeners may be used to assist dysphagia practitioners modify liquids and other foods. This workshop focuses on definitions of modified diets for liquids and solids. Relevant theoretical frameworks (principles) about food 'rheology' are reviewed. Practically, clinicians are provided with ways to classify common, locally available foods within the various dysphagia diet categories. Furthermore, cultural and socio-economic factors are accounted for to enable clinical decisions about diet modifications. Finally, non-commercial products to, especially, thicken liquids are reviewed, trialed for their practical utility and compared to other compensatory strategies.</p>			
The South African Structured Swallowing Inventory (SASSI) <i>[Duration: 1 day]</i> <p style="text-align: center;">Cape Town: 01st December 2012</p>	8 CEUs (1: ethics) <i>(pending HPCSA approval)</i>	Main: Speech Therapists	Basic to intermediate training/experience in managing dysphagia
<p>The focus of this workshop is on the use of a structured observational assessment framework to improve clinical – or bedside – evaluation of young children and adults with dysphagia in the South African context. It does not cover the assessment of neonates or infants and is suitable for practitioners located in a school, hospital, clinic or private practice. The main goal is to apply the SASSI framework to effectively and viably assess and diagnose dysphagia in context of the realities that face many practitioners (lack of technological resources, instruments such as endoscopies or x-ray swallow studies). Newly qualified therapists or established therapists alike will find this course to be an excellent refresher and clinically very useful in their every day practice.</p>			