



# The Second South African Vestibular

## Assessment and Rehabilitation Therapy Course

### University of Cape Town

The Division of Communication Sciences and Disorders, Faculty of Health Sciences, announces the second course to be held in Cape Town from 27 February 2012 – 2 March 2012.

The course will give you the theoretical and practical skills to assess and manage patients with vestibular and balance disorders. Successful completion of the course and its assessments will result in a Certificate of Competence in Vestibular Assessment and Rehabilitation Therapy, from the University of Cape Town. The course is fully HPCSA and CPD accredited and carries 30 CEUs.

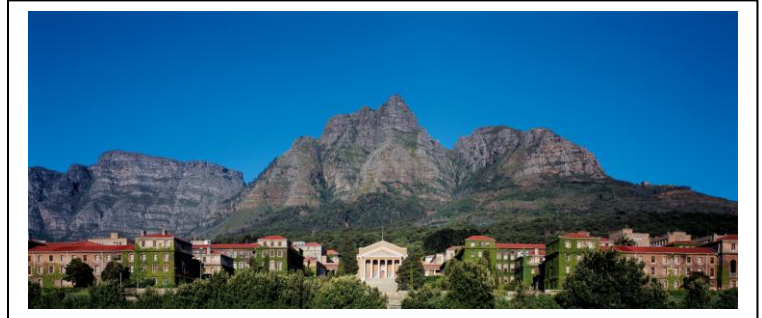
### Leaders in the field

The main speakers are recognized as world leaders in the field, who were warmly received at the first course and are able to create an excellent learning environment. They are innovative, exciting and accessible teachers; academics and researchers. They are:

**Prof Susan Herdman**, physiotherapist and author of *Vestibular Rehabilitation*, the authoritative text in the balance management.

**Prof Ron Tusa**, neurologist and expert in diagnosis of both central and peripheral balance disorders

**Prof Neil Shepard**, audiologist and editor of *Balance Function Assessment and Management*.



### By the end of the course you will be able to:

- Assess an individual's vestibular and overall balance status by performing a variety of clinical examinations; and by evaluating/integrating the results of relevant special investigations.
- Describe common vestibular and balance disorders, their aetiology and medical/ surgical treatment and how these affect vestibular rehabilitation therapy (VRT).
- Integrate the results of all the findings with the case history to determine whether VRT is appropriate.
- Design and implement patient-specific VRT programmes and evaluate the outcomes of therapy.
- Perform therapeutic procedures such as a variety of canalith repositioning procedures; and techniques that underpin vestibular rehabilitation therapy



# More details about the course

## Venue

Once again the venue is the beautiful, peaceful Vineyard Hotel and Spa in Newlands, Cape Town. The previous course was held here and delegates found it was a professional yet serene venue for an intensive five day course. The service is excellent and there is in-house accommodation as well as a variety of guest-houses within walking distance.

## Invest in your professional development

The course will result in an optional assessment phase. To enhance your learning, this will be internet-based and will be taken within 6 weeks of completion of the course. A video examination will be held during the course itself. Should you be successful in the assessments, you will be awarded a Certificate of Competence in Vestibular Assessment and Rehabilitation Therapy from the University of Cape Town. The Health Professions Council of South Africa has recognized the course as a post-graduate training opportunity for professionals, including audiologists and others for whom vestibular assessment and management is within their scope of practice. In addition to this, completion of the course will result in 30 Continuing Education Units (CPD points).

An optional pre-course workshop, at a nominal fee, will be offered on Sunday 26 February. This is aimed at practitioners who have not covered the area in under-graduate training, or those who are feeling “rusty” and will prepare them for the Course itself. Topics to be covered will include on outline of the “Big 5” vestibular pathologies; a crash course in interpreting results from Electro/ Videonystagmography, and finally an Ethics component – examining the dizzy patient who intends to litigate.

## Contact the Conference Management Centre now for more information

In order to maintain a high ratio of faculty to delegates, numbers are strictly limited. The last course was over-subscribed and with a number of graduates wishing to repeat the course, it is likely that the Second Course will be as popular. **Please contact the Course Management Centre at UCT now to go onto the waiting list!**

### Feedback from the First Course:

“The knowledge of the international speakers was phenomenal and really enjoyable”

“I liked that we can assess patients without relying on technology”

“The different fields of the speakers gave a holistic view”

“I’m much more confident in performing tests and treatment accurately”

“Able to explain cause and effect to my patients without confusion”

**“PREPARE YOURSELF TO WORK IN THIS CHALLENGING, EXCITING FIELD NOW!”**

### Conference Management Coordinator:

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